

The Affective Domain uses verbs to measure internalization.

This chart shows growth in awareness, incorporation, and demonstration of behaviors connected to attitudes, behaviours, and values.



## Verbs to Use

These sample verbs are used to write learning outcomes that are measurable.  
*(list not exhaustive)*

### RECEIVING

*Students become aware of an attitude, behaviour, or value.*

- Accept
- Acknowledge
- Ask
- Attend to
- Describe
- Explain
- Identify
- Locate
- Names
- Observe
- Realize
- Recognize

### RESPONDING

*Students exhibit a reaction or change as a result of exposure to a value or attitude.*

- Answer freely
- Assist/Aid
- Behave
- Care for
- Communicate
- Comply
- Contribute
- Cooperate
- Discuss
- Examine
- Follow
- Model
- Present
- Tell

### VALUING

*Students recognize a value and display this through involvement or commitment.*

- Accept
- Adapt
- Adopt
- Balance
- Choose
- Differentiate
- Defend
- Demonstrate
- Express
- Influence
- Initiate
- Justify
- Prefer
- Recognize
- Seek

### ORGANIZING

*Students determine a new value or behaviour as important. Students are able to contrast different values and resolve conflicts.*

- Adapt
- Adjust
- Alter
- Arrange
- Balance
- Change
- Classify
- Conceptualize
- Customize
- Develop
- Formulate
- Group
- Improve
- Manipulate
- Modify
- Practice
- Rank
- Revise
- Theorize

### CHARACTERIZING/ INTERNALIZING

*Students integrate consistent behaviour as a naturalized value in spite of discomfort or cost. The value becomes part of a person's character.*

- Act upon
- Advocate
- Authenticate
- Defend
- Display
- Embody
- Exemplify
- Habituate
- Influence
- Justify
- Justify behaviour
- Maintain
- Produce
- Represent
- Serve
- Support
- Validate
- Verify



## Verbs to Avoid

Some verbs and phrases are not measurable or are vague. Avoid using the following verbs in outcomes:  
*(list not exhaustive)*

- Appreciate
- Be aware of
- Conform
- Desire
- Study
- Visit/Volunteer (these are learning activities)